



# USA Hockey Girls Central District Player Development Camp Parent/Player Information

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**April 22, 2022**

To: All USA Hockey Girls Central District Player Development Camp Invitees  
From: Andy Bradford - USA Hockey Central District Girls Section Representative  
Re: 2022 USA Hockey Girls Central District Player Development Camp

Congratulations! Based on your performance and ratings at the USA Hockey Girls Central District Tryout, you have been selected as one of the top players in your birth year to participate at the USA Hockey Girls Central District Player Development Camp to be held at **Cornerstone Community Center in Green Bay, WI June 12 – 16, 2022.**

## **OVERVIEW**

Players will reside at Tundra Lodge (double occupancy). Cost for the USA Hockey Girls Central Development Camp is **\$600** per player and includes lodging, transportation, meals, jersey, socks, and a camp shirt. Parents are welcome to visit the rink for practices and games. Should you choose to stay in the Green Bay area, we ask that you do NOT stay at the Tundra Lodge. Players may not, at any time, leave with their parents until the camp concludes on Thursday, June 16. There will be an adult 'team leader/counselor' with each team 24 hours a day.

Camp format is based off of National Player Development Camp. On ice sessions are skill based and utilize USA Hockey ADM Principles. Players will experience intensive on-ice instruction designed to improve player skills as well as team skills. Practice and games are included with specialized off-ice classroom sessions. The 2007 and 2008 players (102 players total) are assigned to one of six teams for an intense week of skill development which includes a mini round robin camp tournament. The 2005 and 2006 players (34 players total) are assigned to one of two teams for an intense week of skill development which includes a 5 game series between the two teams.

Central District Player Development Staff consists of Division I and Division III College Coaches – current college aged players serve as assistants/counselors. Professional off ice strength and conditioning, mental skills, nutrition, and athletic training provide ADM *Train to Train* and *Learn to Compete* focus. Special guest speakers and USA Hockey staff and National Team players have also previously participated. Certified Athletic Trainers will be on site at the rink for all sessions. High quality training facilities for the camp at the Cornerstone Community Center provide ample locker room space and an excellent off ice training facility. The full service Pro Shop is on site for skate sharpening and other needs.

## **TO ACCEPT YOUR PLAYER INVITATION**

1. Visit [www.centraldistricthockey.org](http://www.centraldistricthockey.org)
2. Select Player Development Girls
3. On the Camp invitation list, find your player name, complete the steps to make a \$300 deposit no later than **April 30, 2022**
4. Complete the Consent to Treat form and bring along to hand in at registration
5. Final balance is due May 30 (same process as deposit)

**To decline your invitation, please contact Andy Bradford [abradford@depere.k12.wi.us](mailto:abradford@depere.k12.wi.us) by April 30 so an alternate can be contacted.**

**A final roster and schedule will be posted June 1, 2022 to indicate your SUNDAY CHECK IN TIME**



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## WHAT TO BRING TO CAMP

- All hockey equipment, including 2 sticks (jersey and socks provided)
- Athletic shorts and shirts, shoes
- Toiletries
- Extra towel and swim suit
- Sweatshirt/sweat pants and light jacket
- String bag
- Watch
- Water bottle
- Notebook and pen
- \*Tundra Lodge provides typical hotel amenities- bedding, pillows, towels, etc. Players may want to bring additional items, if preferred.

## ARRIVAL

Arrive at **Cornerstone Community Center 1640 Fernando Dr. De Pere, WI 54115** and check in at the Rink 3 Lobby (near Pro Shop) at your designated time on Sunday (Check in times are 1:00 – 2:30 PM depending on team assignment). Area will be reserved for each team to keep personal items for hotel. Transportation will be provided to hotel following last ice session on Sunday.

## DEPARTURE

Players will check out of hotel on Thursday morning when they depart for the rink, area will be designated at CCC for personal items. Following final game on Thursday, players are released to parents and camp is concluded (teams will conclude between 4:00 and 6:00 PM on Thursday).

## NOTES

If your player has specific health or nutrition needs, please contact Lori Roethlisberger prior to camp to make appropriate accommodations or to share a health plan.

## CAMP STAFF

Camp Director – Andy Bradford [abradford@depere.k12.wi.us](mailto:abradford@depere.k12.wi.us) 920-676-8812

Site Director/Parent Liaison – Lori Roethlisberger [fizzed1@new.rr.com](mailto:fizzed1@new.rr.com) 920-8-19-3177

Skills Coach and On Ice Director – Jeff Giesen Minnesota State Mankato

Guest Coach – Brianna Decker USA Hockey Olympian

Certified Athletic Training – Bellin Health

Contact Andy or Lori if you have any additional questions.