



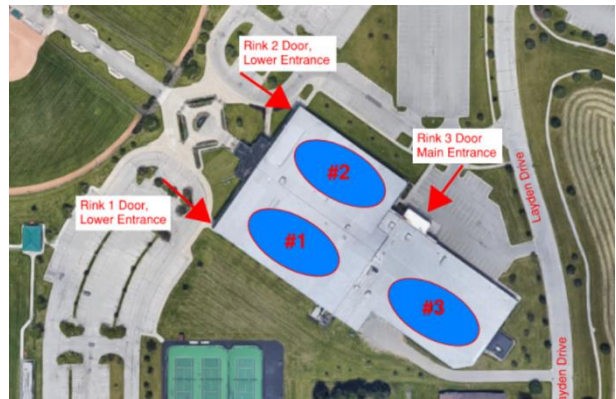
Girls USA Hockey Central District Tryout Green Bay April 9-11, 2021

USA Hockey and Central District Girls Player Development Overview

Thank you for participating in the USA Hockey Central District Girls tryout. Don't hesitate to reach out and ask questions of me or the tryout staff during the weekend. USA Hockey and its twelve districts provide player development opportunities for females at the affiliate, district, regional, and national level throughout the year. For complete information visit: teamusa.usahockey.com or centraldistricthockey.org

RISK MITIGATION PROTOCOLS: COVID-19

- Rink Location - Cornerstone Community Center 1640 Fernando Dr. De Pere, Wisconsin 54115
- Players check in 45 min prior to their first on ice session to receive jersey and socks— **BE SURE YOU RECEIVE THE CORRECT JERSEY** and keep the jersey the entire weekend
- 2004's Check in Friday at upper lobby Rink 2
- 2005's Check in Friday at lower lobby Rink 3
- 2006's Check in Friday at upper lobby Rink 1
- 2007's Check in Saturday at lower lobby Rink 3
- Enter/Exit **ONLY** at designated rink doors
- Players may enter the locker room areas **NO MORE THAN 15 min** prior to on ice session (goalies 20 min). Come **DRESSED**, bring only **SKATES, HELMET, STICK, GLOVES** into rink, **NO BAGS** (except for goalies).
- **Maximum of 4 spectators per skater**. Face coverings are required at all times, no exceptions allowed.
- Follow the schedule and locker room assignments posted at the rink. Locker rooms will be sanitized between uses. You may not leave any equipment in locker room between games. Exit locker room immediately following the conclusion of your on ice session.
- Players/Officials are required to wear a face covering/mask when entering/exiting and within the facility, including locker rooms.
- **It is recommended that players/officials also wear a face covering/mask for game play when feasible, but it is not required.**



SCREENING:

- **STAY HOME** if you are sick or have been exposed to an infected individual!
 - ✓ Complete the Covid-19 screening found on the QR Codes at Check in door **EACH DAY!**
 - ✓ Temperature above 100.4 Fahrenheit in the last 24 hours? **STAY HOME!**
 - ✓ Have you or anyone in household had a sore throat, cough, chills, body aches, shortness of breath, loss of smell, loss of taste, fever at or greater than 100 degrees Fahrenheit in the last 21 days? **STAY HOME!**
 - ✓ To the best of your knowledge have you been in close proximity to any individual who tested positive for COVID-19 in the last 14 days? **STAY HOME!**



Girls USA Hockey Central District Tryout Fond du Lac, WI March 22-24

- ✓ Have you or anyone in your household recently tested positive for COVID-19 or have been tested and awaiting results? STAY HOME!

PHYSICAL DISTANCING/PERSONAL PROTECTIVE EQUIPMENT:

- Spectators should maintain physical distancing within the facility and not congregate in any common areas.
- Leave immediately following ice session.
- Spectators and USA Hockey Staff must wear face coverings/masks at all times within the facility.

GENERAL HYGIENE FOR DISEASE RISK MITIGATION:

- Wash hands frequently, for at least 20 seconds, with soap and water or use hand sanitizer with at least 60% alcohol. Do not touch your face.
- Cough or sneeze into a tissue or the bend of your elbow. Dispose of the tissue and wash/sanitize hands immediately.
- DO NOT share water bottles, towels or other equipment. Each player should have individually clearly-marked water bottles.

PROTOCOLS FOR SICK INDIVIDUALS OR POSITIVE TESTING AND IMPACT ON THE TRYOUT:

- Any individual that tests positive must notify tryout staff immediately. Contact tracing will be conducted to notify close contacts.

OVERVIEW FOR TRYOUT WEEKEND:

- Players are evaluated at their designated position. Any requests for changes must be approved by Andy Bradford. Bench assistants will manage lines, ice time and the bench during games.
- Evaluations are conducted by USA Hockey staff, Pro, Division I, III, and ACHA college coaches.
- Criteria for evaluations: Skating, Shooting, Stick Skills, Compete, Play Without the Puck, Hockey IQ.
- A trainer will be on site all weekend. If your daughter sustains an injury, please report to the trainer. Training room is located between locker rooms 1 and 10 in Rink 1. Any suspected concussion must be reported to trainer. Return to play decision is made by trainer and Tryout Director.
- Cuts for Goalies will be posted at the rink and online following the last Saturday ice session for the age group
 - 2007's 16, 2006's 16, 2005's 12, 2004's 10
- Selections for 2005 and 2006 All Star games on Sunday will be posted online and at the rink following the conclusion of the **last session**; 11:20 AM for 2005's and 12:30 PM for 2006's. New jerseys will be issued for the ALL Star game (skaters).
- See notification timeline below – DUE TO THE SCALE OF THE CAMP, NO INDIVIDUAL EVALUATIONS OR FEEDBACK WILL BE PROVIDED. **Please do not ask, "Why did my daughter not make it?"**

As always, I am available by email abradford@depere.k12.wi.us or by calling 920-676-8812 with any questions.

Good Luck to All Players!

Andy Bradford-USA Hockey Central District Girls Section Representative



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Girls National Player Development Camps

USA Hockey hosts three National Player Development Camps for girls ages 15, 16 and 17 (2002, 2003, and 2004 birth years), along with a National Select Camp. The week-long experience at any of the camps exposes participants to various 'best practices' and training strategies so players can return home with the tools to develop their skills over the course of that season (and seasons to come). Cost to attend these camps is \$150 and includes room, board, on and off ice training, jerseys and socks, and camp shirt. Notification timeline begins in June, 2021. More information will be coming from USA Hockey regarding National and Select Camps

In addition to being evaluated for the USA Hockey National Development and Select Camps, all players are also being considered for an invitation to the Central District Player Development Camp, June 13-18, 2021 in Green Bay, WI. The player cost to attend this 5 night, 6 day camp is \$600, which includes lodging (double occupancy) at Tundra Lodge), transportation between lodging and rink, meals, ice, off ice training, classroom, team jersey and socks, and camp shirt. USA Hockey and state affiliates help support this camp to keep cost reasonable.

April 22, 2021 – All invitations will be emailed to the email you registered your player with and will include an email link to register for the camp. Registration and deposit of \$250 will need to be made by 10:00 PM on **April 30, 2021**. If you do not register by this time, your skater's spot for the camp will be forfeited and an alternate will be contacted. If payment is an issue, contact Andy Bradford. Demand for this camp is very high, do not delay when registering. If you plan to decline your spot, please let Andy Bradford know right away so a replacement can be named. A full list of participants will be posted by May 30, 2021.

Central District Camp Notes:

Central District Player Development Staff consists of Division I and Division III College Coaches – Current college aged players serve as assistants/counselors. Professional off ice strength and conditioning, mental skills, nutrition, and athletic training provide ADM *Train to Train* and *Learn to Compete* focus. Special guest speakers and USA Hockey staff have also previously participated.

Camp format is based off of National Player Development Camp. On ice sessions are skill based and utilize USA Hockey ADM Principles. A combination of individual and team skills and concepts is utilized, along with camp scrimmages and a competitive tournament throughout the week.

High quality training facilities for the camp at the Cornerstone Community Center provide ample locker room space and an excellent off ice training facility. A full service Pro Shop is on site for skate sharpening and other needs. Lodging (double occupancy) and meals are provided at the Tundra Lodge.

Sunday, June 13 check in beginning at 3:00 PM – Camp Concludes Friday, June 18 by Noon. All participants are expected to attend camp for the Entire Week. Do not accept your camp invitation if you are not able to commit to the full week of camp. Late Check in must be communicated and approved prior to camp. National Camp selections are strongly encouraged, but not required to attend Central District Camp.