



USA Hockey Central District Girls  
 Player Development Camp  
 2019



Sunday, June 16 ALL STAFF		Sunday, June 16 CHECK IN 45 Min	
1:30 PM	Mandatory Staff Meeting @ CCC for Team Leaders	2:30 PM	Staff Tundra Lodge
2:30 PM	Coach and Staff Check In At Hotel	2:45 PM	Red and Black Tundra Lodge
9:30 PM	Staff Meeting	3:15 PM	White and Gray Tundra Lodge
<b>Sunday, June 16 Team Red and Team Black</b>		4:00 PM	Blue and Gold Tundra Lodge
2:45 PM	Check In	4:30 PM	Green and Sky Tundra Lodge
3:45 PM	Report to Rink/Warm Up	<b>Sunday, June 16 ON ICE 60 Min</b>	
4:30 PM	On Ice Team Practice	4:30 PM	Red and Black CCC Rink 1
5:45 PM	Cool Down	5:00 PM	White and Gray CCC Rink 3
6:00 PM	Bus Departs to Tundra Lodge	5:45 PM	Blue and Gold CCC Rink 1
6:15 PM	Dinner	6:15 PM	Green and Sky CCC Rink 3
<b>Sunday, June 16 Team White and Team Gray</b>		<b>Sunday, June 16 WARM UP AND COOL DOWN 15 Min</b>	
3:15 PM	Check In	3:45 PM	Red and Black Warm Up CCC Mindright
4:15 PM	Report to Rink/Warm Up	4:15 PM	White and Gray Warm Up CCC Mindright
5:00 PM	On Ice Team Practice	5:00 PM	Blue and Gold Warm Up CCC Mindright
6:15 PM	Cool Down	5:30 PM	Green and Sky Warm Up CCC Mindright
6:30 PM	Bus Departs for Tundra Lodge	5:45 PM	Red and Black Cool Down CCC Mindright
6:45 PM	Dinner	6:15 PM	White and Gray Cool Down CCC Mindright
<b>Sunday, June 16 Team Blue and Team Gold</b>		7:00 PM	Blue and Gold Cool Down CCC Mindright
4:00 PM	Check In	7:30 PM	Green and Sky Cool Down CCC Mindright
5:00 PM	Report to Rink/Warm Up	<b>Sunday, June 16 DINNER 30 Min</b>	
5:45 PM	On Ice Team Practice	6:15 PM	Red and Black Tundra Lodge
7:00 PM	Cool Down	6:45 PM	White and Gray Tundra Lodge
7:30 PM	Bus Departs to Tundra Lodge	7:45 PM	Blue and Gold Tundra Lodge
7:45 PM	Dinner	8:15 PM	Green and Sky Tundra Lodge
<b>Sunday, June 16 Team Green and Team Sky</b>		<b>Sunday, June 16 BUS</b>	
4:30 PM	Check In	6:00 PM	Red and Black CCC Bus Loading
5:30 PM	Report to Rink/Warm Up	6:30 PM	White and Gray CCC Bus Loading
6:15 PM	On Ice Team Practice	7:30 PM	Blue and Gold CCC Bus Loading
7:30 PM	Cool Down	8:00 PM	Green and Sky CCC Bus Loading
8:00 PM	Bus Departs to Tundra Lodge	<b>Parents, plan to arrive at Tundra Lodge to assist your daughter with Check In, then transport to rink - Transportation is provided back to Tundra Lodge and continues through the week.</b>	
8:15 PM	Dinner		
<b>8:45 PM ALL CAMP MEETING-Camp Expectations</b> <b>LIGHTS OUT 10:00 PM</b>			
04 & 05	Red, White, Blue, Gold, Gray, Black		
02 & 03	Green, Sky		

Items to Bring to Camp

- Full hockey equipment - jersey and socks provided
- mouthguard
- sticks (2)
- athletic shoes/socks
- athletic apparel for off ice training - camp shirt provided
- toiletries
- extra towel
- swim suit
- sweatshirt/sweat pants and light jacket
- string bag
- watch
- water bottle
- notebook and pen

\*Each camp participant will receive one complimentary skate sharpening in the Penalty Box Pro Shop - additional sharpenings \$6

\*Tundra Lodge provides typical hotel amenities - bedding, pillows, towels, etc. Players may want to bring additional personal items, if preferred

\*All meals and snacks are provided - camp participants may bring some additional spending \$ if they wish



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<b>Monday, June 17 Team Red and Team Black</b>		<b>Monday, June 17 BREAKFAST/DINNER 30 Min</b>	
6:15 AM	Wake Up	6:30 AM	Red and Black Tundra Lodge
6:30 AM	Breakfast	7:00 AM	White and Gray Tundra Lodge
7:00 AM	Bus Departs for CCC	8:00 AM	Blue and Gold Tundra Lodge
7:15 AM	Warm Up	8:30 AM	Green and Sky Tundra Lodge
8:00 AM	On Ice	5:30 PM	Red and Black Tundra Lodge
9:30 AM	Cool Down	6:00 PM	White and Gray Tundra Lodge
9:45 AM	Snack and Team Meeting (Team Concepts 1vs1 2vs1)	6:30 PM	Blue and Gold Tundra Lodge
11:00 AM	On Ice Forwards	7:00 PM	Green and Sky Tundra Lodge
11:30 AM	On Ice Defense	<b>Monday, June 17 LUNCH 30 Min</b>	
12:00 PM	Lunch Forwards	11:30 AM	Blue and Gold
12:30 PM	Lunch Defense	12:00 PM	Red and Black Forwards, Green and Sky
2:00 PM	Warm Up	12:30 PM	Red and Black Defense, White
2:45 PM	Team Red vs Team Black	2:00 PM	Gray
4:15 PM	Cool Down	<b>Monday, June 17 ON ICE</b>	
5:00 PM	Bus Departs for Tundra Lodge	8:00 AM	Red and Black CCC 1
5:30 PM	Dinner	8:30 AM	White and Gray CCC 3
<b>Monday, June 17 Team White and Team Gray</b>		9:30 AM	Blue and Gold CCC 1
6:45 AM	Wake Up	10:00 AM	Green and Sky CCC 3
7:00 AM	Breakfast	11:00 AM	Forwards Red/Black/White CCC 1
7:30 AM	Bus Departs for CCC	11:30 AM	Defense Red/Black/White CCC 3
7:45 AM	Warm Up	12:15 PM	Forwards Gray/Blue/Gold CCC 1
8:30 AM	On Ice	12:45 PM	Defense Gray/Blue/Gold CCC 3
10:00 AM	Cool Down	1:30 PM	Forwards Green/Sky CCC 1
10:15 AM	Snack and Team Meeting (Team Concepts 1vs1 2vs1)	2:00 PM	Defense Green/Sky CCC 3
11:00 AM	On Ice Forwards-White	2:45 PM	Team Red vs Team Black CCC 1
11:30 AM	On Ice Defense-White	3:15 PM	Team White vs Team Gray CCC 3
12:15 PM	On Ice Forwards-Gray	4:15 PM	Team Blue vs Team Gold CCC 1
12:45 PM	On Ice Defense-Gray	4:45 PM	Team Green vs Team Sky CCC 3
12:30 PM	Lunch White	<b>Monday, June 17 WARM UP AND COOL DOWN 15 Min</b>	
2:00 PM	Lunch Gray	7:15 AM/9:30 AM	Red and Black CCC Mindright
2:30 PM	Warm Up	7:45 AM/ 10:00 AM	White and Gray CCC Mindright
3:15 PM	Team White vs Team Gray	8:45 AM/ 11:00 AM	Blue and Gold CCC Mindright
4:45 PM	Cool Down	9:15 AM/11:30 AM	Green and Sky CCC Mindright
5:30 PM	Bus Departs for Tundra Lodge	2:00 PM/4:15 PM	Red and Black CCC Mindright
6:00 PM	Dinner	2:30 PM/4:45 PM	White and Gray CCC Mindright
<b>Monday, June 17 Team Blue and Team Gold</b>		3:30 PM/5:45 PM	Blue and Gold CCC Mindright
7:45 AM	Wake Up	4:00 PM/6:15 PM	Green and Sky CCC Mindright
8:00 AM	Breakfast	<b>Monday, June 17 BUS</b>	
8:30 AM	Bus Departs for CCC	7:00 AM	Red and Black Tundra Lodge Bus Loading
8:45 AM	Warm Up	7:30 AM	White and Gray Tundra Lodge Bus Loading
9:30 AM	On Ice	8:30 AM	Blue and Gold Tundra Lodge Bus Loading
11:00 AM	Cool Down	9:00 AM	Green and Sky Tundra Lodge Bus Loading
11:30 AM	Lunch	5:00 PM	Red and Black CCC Bus Loading
12:15 PM	On Ice Forwards	5:30 PM	White and Gray CCC Bus Loading
12:45 PM	On Ice Defense	6:15 PM	Blue and Gold CCC Bus Loading
2:15 PM	Snack and Team Meeting (Team Concepts 1vs1 2vs1)	6:45 PM	Green and Sky CCC Bus Loading
3:30 PM	Warm Up	<b>Monday, June 17 BUS</b>	
4:15 AM	Team Blue vs Team Gold	7:30 PM	Presentation
5:45 PM	Cool Down	10:00 PM	Lights Out
6:15 PM	Bus Departs for Tundra Lodge		
6:30 PM	Dinner		

<b>Monday, June 17 Team Green and Team Sky</b>	
8:15 AM	Wake Up
8:30 AM	Breakfast
9:00 AM	Bus Departs for CCC
9:15 AM	Warm Up
10:00 AM	On Ice
11:30 AM	Cool Down
12:00 PM	Lunch
1:30 PM	On Ice Forwards
2:00 PM	On Ice Defense
3:30 PM	Snack and Team Meeting (Team Concepts 1vs1 2vs1)
4:00 PM	Warm Up
4:45 PM	Team Green vs Team Sky
6:15 PM	Cool Down
6:45 PM	Bus Departs for Tundra Lodge
7:00 PM	Dinner



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Tuesday, June 18 Team Blue and Team Gray		Tuesday, June 18 BREAKFAST/DINNER 30 Min	
6:15 AM	Wake Up	6:30 AM	Blue and Gray Tundra Lodge
6:30 AM	Breakfast	7:00 AM	Black and White Tundra Lodge
7:00 AM	Bus Departs for CCC	8:00 AM	Red and Gold Tundra Lodge
7:15 AM	Warm Up	8:30 AM	Green and Sky Tundra Lodge
8:00 AM	On Ice	5:30 PM	Blue and Gray Tundra Lodge
9:30 AM	Cool Down	6:00 PM	Black and White Tundra Lodge
9:45 AM	Mindright - Blue	6:30 PM	Red and Gold Tundra Lodge
9:45 AM	Off Ice - Gray	7:00 PM	Green and Sky Tundra Lodge
10:30 AM	Snack and Presentation	<b>Tuesday, June 18 LUNCH 60 MIN</b>	
11:30 AM	Lunch	11:30 AM	Blue and Gray, Red and Gold
1:00 PM	Warm Up	12:00 PM	Green and Sky
2:00 PM	Team Blue vs Team Gray	12:30 PM	Black and White
3:30 PM	Cool Down	<b>Tuesday, June 18 ON ICE 80 MIN</b>	
4:00 PM	Bus Departs for Tundra Lodge	8:00 AM	Blue and Gray CCC 1
5:30 PM	Dinner	8:30 AM	Black and White CCC 3
Tuesday, June 18 Team Black and Team White		9:30 AM	Red and Gold CCC 1
6:45 AM	Wake Up	10:00 AM	Green and Sky CCC 3
7:00 AM	Breakfast	2:00 PM	Team Blue vs Team Gray CCC 1
7:30 AM	Bus Departs for CCC	2:30 PM	Team Black vs Team White CCC 3
7:45 AM	Warm Up	3:30 PM	Team Red vs Team Gold CCC 1
8:30 AM	On Ice	4:00 PM	Team Green vs Team Sky CCC 3
10:00 AM	Cool Down	<b>Tuesday, June 18 Mindright Training 45 MIN</b>	
10:30 AM	Mindright - Black	9:45 AM	Blue Mindright
10:30 AM	Off Ice - White	10:30 AM	Black Mindright
11:30 AM	Snack and Presentation	12:30 PM	Red Mindright
12:30 PM	Lunch	1:30 PM	Green Mindright
1:30 PM	Warm Up	<b>Tuesday, June 18 OFF ICE TRAINING 45 MIN</b>	
2:30 PM	Team Black vs Team White	9:45 AM	Gray B9 Training Center
4:00 PM	Cool Down	10:30 AM	White B9 Training Center
4:30 PM	Bus Departs for Tundra Lodge	12:30 PM	Gold B9 Training Center
6:00 PM	Dinner	1:30 PM	Sky B9 Training Center
Tuesday, June 18 Team Red vs Team Gold		<b>Tuesday, June 18 Presentations 60 MIN</b>	
7:45 AM	Wake Up	10:30 AM	Blue and Gray Rinkside Room
8:00 AM	Breakfast	11:30 AM	Black and White Rinkside Room
8:30 AM	Bus Departs for CCC	1:15 PM	Red and Gold Rinkside Room
8:45 AM	Warm Up	2:15 PM	Green and Sky Rinkside Room
9:30 AM	On Ice	<b>Tuesday, June 18 BUS 15 Min</b>	
11:00 AM	Cool Down	7:00 AM	Blue and Gray Tundra Lodge Bus Loading
11:30 AM	Lunch	7:30 AM	Black and White Tundra Lodge Bus Loading
12:30 PM	Mindright - Red	8:30 AM	Red and Gold Tundra Lodge Bus Loading
12:30 PM	Off Ice - Gold	9:00 AM	Green and Sky Tundra Lodge Bus Loading
1:15 PM	Snack and Presentation	4:00 PM	Blue and Gray CCC Bus Loading
2:30 PM	Warm Up	4:30 PM	Black and White CCC Bus Loading
3:30 PM	Team Red vs Team Gold	5:30 PM	Red and Gold CCC Bus Loading
5:00 PM	Cool Down	6:00 PM	Green and Sky CCC Bus Loading
5:30 PM	Bus Departs for Tundra Lodge	10:00 PM Lights Out	
6:30 PM	Dinner		
Tuesday, June 18 Team Green and Team Sky			
8:15 AM	Wake Up		
8:30 AM	Breakfast		
9:00 AM	Bus Departs for CCC		
9:15 AM	Warm Up		
10:00 AM	On Ice		
11:30 AM	Cool Down		
12:00 PM	Lunch		
1:30 PM	Mindright - Green		
1:30 PM	Off Ice - Sky		
2:15 PM	Snack and Presentation		
3:15 PM	Warm Up		
4:00 PM	Team Green vs Team Sky		
5:30 PM	Cool Down		
6:00 PM	Bus Departs for Tundra Lodge		
7:00 PM	Dinner		



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<b>Wednesday, June 19 Team Gold and Team Black</b>		<b>Wednesday, June 19 BREAKFAST/DINNER 30 Min</b>	
8:30 AM	Wake Up	8:15 AM	Green and Sky Tundra Lodge
9:00 AM	Breakfast	9:00 AM	Gold and Black Tundra Lodge
9:30 AM	Bus Departs for CCC	9:45 AM	Red and Gray Tundra Lodge
10:00 AM	Mindright-Gold	10:30 AM	White and Blue Tundra Lodge
10:00 AM	Off Ice - Black	5:30 PM	Green and Sky Tundra Lodge
11:00 AM	Forwards Gold and Black	6:00 PM	Gold and Black Tundra Lodge
12:00 PM	Lunch	7:00 PM	Red and Gray Tundra Lodge
12:30 PM	Defense Gold and Black	7:30 PM	White and Blue Tundra Lodge
1:45 PM	Presentation	<b>Wednesday, June 19 LUNCH 30 Min</b>	
3:30 PM	Gold vs Black	12:00 PM	Gold and Black
5:00 PM	Cool Down	12:15PM	White and Blue
5:30 PM	Bus Departs for CCC	12:30 PM	Green and Sky
6:00 PM	Dinner	1:30 PM	Red and Gray
<b>Wednesday, June 19 Team Red and Team Gray</b>		<b>Wednesday, June 19 ON ICE</b>	
9:15 AM	Wake Up	9:00 AM	YOUTH SKILLS CLINIC CCC 3
9:45 AM	Breakfast	10:30 AM	Forwards Green and Sky CCC 1
10:15 AM	Bus Departs for CCC	10:30 AM	Defense Green and Sky CCC 1
10:45 AM	Mindright-Gray	11:00 AM	Forwards Gold and Black CCC 3
10:45 AM	Off Ice - Red	12:30 PM	Defense Gold and Black CCC 2
11:45 AM	Forwards Red and Gray	11:45 AM	Forwards Red and Gray CCC 1
12:15 PM	Defense Red and Gray	12:15 PM	Defense Red and Gray CCC 3
1:30 PM	Lunch	1:00 PM	Forwards White and Blue CCC 1
2:45 PM	Presentation	1:30 PM	Defense White and Blue CCC 3
4:30 PM	Red vs Gray	3:00 PM	Green vs Sky CCC 1
6:00 PM	Cool Down	3:30 PM	Gold vs Black CCC 3
6:30 PM	Bus Departs for CCC	4:30 PM	Red vs Gray CCC 1
7:00 PM	Dinner	5:00 PM	White vs Blue CCC 3
<b>Wednesday, June 19 Team White and Team Blue</b>		<b>Wednesday, June 19 Mindright Training</b>	
10:00 AM	Wake Up	9:15 AM	Sky Mindright
10:30 AM	Breakfast	10:00 AM	Gold Mindright
11:00 AM	Bus Departs for CCC	10:45 AM	Gray Mindright
11:30 AM	Mindright-White	11:30 AM	White Mindright
11:30 AM	Off Ice -Blue	<b>Wednesday, June 19 Off Ice Training</b>	
12:15 PM	Lunch	9:15 AM	Green B9 Training Center
1:00 PM	Forwards White and Blue	10:00 AM	Black B9 Training Center
1:30 PM	Defense White and Blue	10:45 AM	Red B9 Training Center
2:45 PM	Presentation	11:30 AM	Blue B9 Training Center
5:00 PM	White vs Blue	<b>Wednesday, June 19 Presentation</b>	
6:30 PM	Cool Down	1:45 PM	Green, Sky, Gold and Black Rinkside Room
7:00 PM	Bus Departs for CCC	2:45 PM	Red, Gray, White and Blue Rinkside Room
7:30 PM	Dinner	<b>Wednesday, June 19 BUS</b>	
<b>Wednesday, June 19 Team Green and Team Sky</b>		8:45 AM	Green and Sky Tundra Lodge Bus Loading
7:45 AM	Wake Up	9:30 AM	Gold and Black Tundra Lodge Bus Loading
8:15 AM	Breakfast	10:15 AM	Red and Gray Tundra Lodge Bus Loading
8:45 AM	Bus Departs for CCC	11:00 AM	White and Blue Tundra Lodge Bus Loading
9:15 AM	Mindright - Sky	5:00 PM	Green and Sky CCC Bus Loading
9:15 AM	Off Ice-Green	5:30 PM	Gold and Black CCC Bus Loading
10:30 AM	Forwards Green and Sky	6:30 PM	Red and Gray CCC Bus Loading
11:00 AM	Defense Green and Sky	7:00 PM	White and Blue CCC Bus Loading
12:30 PM	Lunch	10:00 PM	Lights Out
1:45 PM	Presentation		
3:00 PM	Green vs Sky		
4:30 PM	Cool Down		
5:00 PM	Bus Departs for CCC		
5:30 PM	Dinner		



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Thursday, June 20 Team Red and Team White		Thursday, June 20 BREAKFAST/DINNER 30 Min	
6:15 AM	Wake Up	6:30 AM	Red and White Tundra Lodge
6:30 AM	Breakfast	7:00 AM	Gold and Gray Tundra Lodge
7:00 AM	Bus Departs for CCC	8:00 AM	Blue and Black Tundra Lodge
7:30 AM	Mindright-Red	8:30 AM	Green and Sky Tundra Lodge
7:30 AM	Off Ice-White	4:30 PM	Red and White Tundra Lodge
8:30 AM	On Ice Red and White	5:00 PM	Gold and Gray Tundra Lodge
10:00 AM	Evaluations	6:00 PM	Blue and Black Tundra Lodge
11:30 AM	Lunch	6:30 PM	Green and Sky Tundra Lodge
12:30 PM	Mindright-White	<b>Thursday, June 20 LUNCH 30 Min</b>	
12:30 PM	Off Ice-Red	11:30 AM	Red and White
2:00 PM	Red vs White	12:30 PM	Gold and Gray
3:30 PM	Cool Down	1:00 PM	Blue and Black
4:00 PM	Bus Departs for CCC	2:00 PM	Green and Sky
4:30 PM	Dinner	<b>Thursday, June 20 ON ICE</b>	
<b>Thursday, June 20 Team Gold and Team Gray</b>		8:30 AM	Red and White CCC 1
6:45 AM	Wake Up	9:30 AM	Gold and Gray CCC 3
7:00 AM	Breakfast	10:00 AM	Blue and Black CCC 1
7:30 AM	Bus Departs for CCC	11:00 AM	Green and Sky CCC 3
8:15 AM	Mindright-Gold	2:00 PM	Red vs White CCC 1
8:15 AM	Off Ice-Gray	2:30 PM	Gold vs Gray CCC 3
9:30 AM	On Ice Gold and Gray	3:30 PM	Blue vs Black CCC 1
11:00 AM	Evaluations	4:00 PM	Green vs Sky CCC 3
12:30 PM	Lunch	<b>Thursday, June 20 Mindright</b>	
1:15 PM	Mindright-Gray	7:30 AM	Red Mindright
1:15 PM	Off Ice-Gold	8:15 AM	Gold Mindright
2:30 PM	Gold vs Gray	9:00 AM	Blue Mindright
4:00 PM	Cool Down	9:45 AM	Green Mindright
4:30 PM	Bus Departs for CCC	12:30 PM	White Mindright
5:00 PM	Dinner	1:15 PM	Gray Mindright
<b>Thursday, June 20 Team Blue and Team Black</b>		2:00 PM	Black Mindright
7:45 AM	Wake Up	2:45 PM	Sky Mindright
8:00 AM	Breakfast	<b>Thursday, June 20 Off Ice</b>	
8:30 AM	Bus Departs for CCC	7:30 AM	Red B9 Training Center
9:00 AM	Mindright-Blue	8:15 AM	Gold B9 Training Center
9:00 AM	Off Ice-Black	9:00 AM	Blue B9 Training Center
10:00 AM	On Ice Blue and Black	9:45 AM	Green B9 Training Center
11:30 AM	Evaluations	12:30 PM	White B9 Training Center
1:00 PM	Lunch	1:15 PM	Gray B9 Training Center
2:00 PM	Mindright-Black	2:00 PM	Black B9 Training Center
2:00 PM	Off Ice-Blue	2:45 PM	Sky B9 Training Center
3:30 PM	Blue vs Black	<b>Thursday, June 20 BUS</b>	
5:00 PM	Cool Down	7:00 AM	Red and White Tundra Lodge Bus Loading
5:30 PM	Bus Departs for CCC	7:30 AM	Gold and Gray Tundra Lodge Bus Loading
6:00 PM	Dinner	8:30 AM	Blue and Black Tundra Lodge Bus Loading
<b>Thursday, June 20 Team Green and Team Sky</b>		9:00 AM	Green and Sky Tundra Lodge Bus Loading
8:00 AM	Wake Up	4:00 PM	Red and White CCC Bus Loading
8:30 AM	Breakfast	4:30 PM	Gold and Gray CCC Bus Loading
9:00 AM	Bus Departs for CCC	5:30 PM	Blue and Black CCC Bus Loading
9:45 AM	Mindright-Green	6:00 PM	Green and Sky CCC Bus Loading
9:45 AM	Off Ice-Sky	<b>10:00 PM Lights Out</b>	
11:00 AM	On Ice Green and Sky		
12:30 PM	Evaluations		
2:00 PM	Lunch		
2:45 PM	Mindright		
2:45 PM	Off Ice		
4:00 PM	Green vs Sky		
5:30 PM	Cool Down		
6:00 PM	Bus Departs for CCC		
6:30 PM	Dinner		



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<b>Friday, June 21 Team Red and Team Blue</b>		<b>Friday, June 21 BREAKFAST 30 Min</b>	
6:30 AM	Wake Up	6:45 AM	Red and Blue Tundra Lodge
6:45 AM	Breakfast	7:15 AM	White and Gold Tundra Lodge
7:15 AM	Bus Departs for CCC	8:15 AM	Gray and Black Tundra Lodge
7:30 AM	Warm Up	8:45 AM	Green and Sky Tundra Lodge
8:15 AM	Team Red vs Team Blue	<b>Friday, June 21 ON ICE</b>	
10:00 AM	Depart for Home	8:15 AM	Team Red vs Team Blue CCC 1
<b>Friday, June 21 Team White and Team Gold</b>		8:45 AM	Team White vs Team Gold CCC 3
7:00 AM	Wake Up	9:45 AM	Team Gray vs Team Black CCC 1
7:15 AM	Breakfast	10:15 AM	Team Green vs Team Sky CCC 3
7:45 AM	Bus Departs for CCC	<b>Friday, June 21 WARM UP</b>	
8:00 AM	Warm Up	7:30 AM	Red and Blue CCC Mindright
8:45 AM	Team White vs Team Gold	8:00 AM	White and Gold CCC Mindright
10:30 AM	Depart for Home	9:00 AM	Gray and Black CCC Mindright
<b>Friday, June 21 Team Gray and Team Black</b>		9:30 AM	Green and Sky CCC Mindright
8:00 AM	Wake Up	<b>Friday, June 21 BUS</b>	
8:15 AM	Breakfast	7:15 AM	Red and Blue Tundra Lodge Bus Loading
8:45 AM	Bus Departs for CCC	7:45 AM	White and Gold Tundra Lodge Bus Loading
9:00 AM	Warm Up	8:45 AM	Gray and Black Tundra Lodge Bus Loading
9:45 AM	Team Gray vs Team Black	9:15 AM	Green and Sky Tundra Lodge Bus Loading
11:30 AM	Depart for Home		
<b>Friday, June 21 Team Green and Team Sky</b>			
8:30 AM	Wake Up		
8:45 AM	Breakfast		
9:15 AM	Bus Departs for CCC		
9:30 AM	Warm Up		
10:15 AM	Team Green vs Team Sky		
12:00 PM	Depart for Home		