



**CENTRAL DISTRICT
HIGH PERFORMANCE 14
& OFFICIALS CAMP**

**JUNE 16th – 21st, 2019
IOWA STATE UNIVERSITY
AMES, IOWA**

Master Schedule

Sunday		Monday			Tuesday			Wednesday			Thursday			Friday		
1:00pm	Staff Meeting	6:45-7:00am	Wake Up	A-B, C-D	6:45-7:00am	Wake Up	B-E, C-F	6:45-7:00am	Wake Up	D-F, A-E	6:45-7:00am	Wake Up	B-F, A-C	7:00-7:15am	Wake Up	C-E
		7:05-7:20am	Wake Up	E-F	7:05-7:20am	Wake Up	A-D	7:05-7:20am	Wake Up	B-C	7:05-7:20am	Wake Up	D-E	7:30-7:45am	Wake Up	B-D, A-F
2:00-4:00pm	Player Gear Check-in Ames / ISU Ice Arena	7:00-7:30am	Breakfast	A-B, C-D	7:00-7:30am	Breakfast	B-E, C-F	7:00-7:30am	Breakfast	D-F, A-E	7:00-7:30am	Breakfast	B-F, A-C	7:15-7:45am	Breakfast	C-E
		7:30-8:00am	Breakfast	E-F	7:30-8:00am	Breakfast	A-D	7:30-8:00am	Breakfast	B-C	7:30-8:00am	Breakfast	D-E	7:45-8:15am	Breakfast	B-D, A-F
3:00-5:00pm	Player Check-In @ Residence Hall	7:40am	Bus	A-B	7:40am	Bus	B-E	7:40am	Bus	D-F	7:40am	Bus	B-F	8:00am	Bus	C-E
		8:00am	Bus	C-D	8:00am	Bus	C-F	8:00am	Bus	A-E	8:00am	Bus	A-C	8:15am	Bus	B-D
		8:15am	Bus	E-F	8:15am	Bus	A-D	8:15am	Bus	B-C	8:15am	Bus	D-E	8:30am	Bus	A-F
5:30-6:15pm	Dinner	8:15-9:30am	Ice: Practice 1	A-B	8:15-9:30am	Ice: Practice 1	B-E	8:15-9:30am	Ice: Practice 1	D-F	8:15-9:30am	Ice: Practice 1	B-F	8:55-10:10am	Ice: Game 1	C-E
6:45-8:00pm	Activity	9:40-10:55am	Ice: Practice 2	C-D	9:40-10:55am	Ice: Practice 2	C-F	9:40-10:55am	Ice: Practice 2	A-E	9:40-10:55am	Ice: Practice 2	A-C	10:20-11:35am	Ice: Game 2	B-D
		11:05-12:20am	Ice: Practice 3	E-F	11:05-12:20am	Ice: Practice 3	A-D	11:05-12:20am	Ice: Practice 3	B-C	11:05-12:20am	Ice: Practice 3	D-E	11:45-1:00pm	Ice: Game 3	A-F
8:30pm	Meeting @ Dorms	8:15-9:15am	S&C	C-D	8:15-9:15am	S&C	C-F	8:15-9:15am	S&C	A-E	8:15-9:15am	S&C	A-C	11:45-12:15pm	Lunch	C-E, B-D
		9:30-10:30am	S&C	E-F	9:30-10:30am	S&C	A-D	9:30-10:30am	S&C	B-C	9:30-10:30am	S&C	D-E	1:15-1:45pm	Lunch	A-F
		10:30-11:30am	S&C	A-B	10:30-11:30am	S&C	B-E	10:30-11:30am	S&C	D-F	10:30-11:30am	S&C	B-F			
10:30pm	Lights Out	11:30-12:00pm	Lunch	A-B, C-D	11:30-12:00pm	Lunch	B-E, C-F	11:30-12:00pm	Lunch	D-F, A-E	11:30-12:00pm	Lunch	B-F, A-C			
		1:00-1:30pm	Lunch	E-F	1:00-1:30pm	Lunch	A-D	1:00-1:30pm	Lunch	B-C	1:00-1:30pm	Lunch	D-E			
		12:30-1:30pm	Lecture	C-D	12:30-1:30pm	Lecture	C-F	12:30-1:30pm	Lecture	A-E	12:30-1:30pm	Lecture	A-C			
		2:00-3:00pm	Lecture	E-F	2:00-3:00pm	Lecture	A-D	2:00-3:00pm	Lecture	B-C	2:00-3:00pm	Lecture	D-E			
		3:00-4:00pm	Lecture	A-B	3:00-4:00pm	Lecture	B-E	3:00-4:00pm	Lecture	D-F	3:00-4:00pm	Lecture	B-F			
A	Red	12:30-1:45pm	Ice: Game 1	A-B	12:30-1:45pm	Ice: Game 1	B-E	12:30-1:45pm	Ice: Game 1	D-F	12:30-1:45pm	Ice: Game 1	B-F			
B	White	1:55-3:10pm	Ice: Game 2	C-D	1:55-3:10pm	Ice: Game 2	C-F	1:55-3:10pm	Ice: Game 2	A-E	1:55-3:10pm	Ice: Game 2	A-C			
C	Blue	3:20-4:35pm	Ice: Game 3	E-F	3:20-4:35pm	Ice: Game 3	A-D	3:20-4:35pm	Ice: Game 3	B-C	3:20-4:35pm	Ice: Game 3	D-E			
D	Gold	4:30pm	Bus	A-B	4:30pm	Bus	B-E	4:30pm	Bus	D-F	4:30pm	Bus	B-F			
E	Green	4:45pm	Bus	C-D	4:45pm	Bus	C-F	4:45pm	Bus	A-E	4:45pm	Bus	A-C			
F	Black	5:00pm	Bus	E-F	5:00pm	Bus	A-D	5:00pm	Bus	B-C	5:00pm	Bus	D-E			
		5:00-5:30pm	Dinner	A, B, C	5:00-5:30pm	Dinner	B, E, F	5:00-5:30pm	Dinner	D, E, F	5:00-5:30pm	Dinner	B, C, F			
		5:30-6:00pm	Dinner	D, E, F	5:30-6:00pm	Dinner	A, C, D	5:30-6:00pm	Dinner	A, B, C	5:30-6:00pm	Dinner	A, D, E			
		7:00-8:30pm	Evening Act.	All	7:00-8:30pm	Evening Act.	All	7:00-8:30pm	Evening Act.	All	7:00-8:30pm	Evening Act.	All			
		9:00-10:00pm	Free Time	All	9:00-10:00pm	Free Time	All	9:00-10:00pm	Free Time	All	9:00-10:00pm	Free Time	All			
		10:30pm	Lights Out	All	10:30pm	Lights Out	All	10:30pm	Lights Out	All	10:30pm	Lights Out	All			

Team Rosters

Team A - Red			
#	POS	Name	
1	G	Brayden	Macko
35	G	Avery	Starzecki
2	D	Jack	Ahne
3	D	Noah	Brunke
4	D	Leo	Burns
5	D	Anthony	Lisanti
6	D	Aidan	Shirey
7	D	Carson	Zick
9	F	Gabriel	Adams
10	F	Talan	Blanck
11	F	Alexander	Cameron
12	F	Michael	Chase
13	F	Ryan	Graven
14	F	Kaeden	Hawkins
15	F	Kellen	Kantaris
16	F	Ned	Marshall
17	F	Nicholas	Puricelli

Team B - White			
#	POS	Name	
1	G	Branson	Appelman
35	G	Jaicy	Campbell
2	D	Mitch	Geiser
3	D	David	Kellerman
4	D	Aiden	Meintz
5	D	Charles	Murray
6	D	Trey	Sluga
7	D	Carson	Weber
9	F	Anthony	Cardilli
10	F	Colin	Comeau
11	F	Samuel	Crane
12	F	Brady	Engelkes
13	F	Thomas	Enrietto
14	F	Evan	Luxford
15	F	Brady	Borgestad
16	F	Tanner	Walos
17	F	Joseph	Zheng

Team C - Blue			
#	POS	Name	
1	G	Dominick	Gatto
35	G	Hayden	Rising
2	D	Aiden	Elliott
3	D	Ryan	Hildebrand
4	D	Ty	James
5	D	Brenden	Korte
6	D	Michael	McIntee
7	D	Paul	Spence
9	F	Alexander	Carrillo
10	F	Jonathon	Berndt
11	F	Joseph	Gerbitz
12	F	Sammy	Grimaldi
13	F	Brenden	Gruber
14	F	Andrew	Jicha
15	F	Jaden	Johnson
16	F	Andrew	Kuzma
17	F	Kyle	Rohrer

Team D - Gold			
#	POS	Name	
1	G	John	Gedraitis
35	G	Colin	Mertes
2	D	Drew	Berres
3	D	Michael	Buenzow
4	D	Austin	Drayna
5	D	Riley	Pawinski
6	D	Michael	Ryan
7	D	Mario	Savino
9	F	Michael	Burchill
10	F	Carter	Clemons
11	F	Grady	Deering
12	F	Greyson	Eble
13	F	Zachary	Howard
14	F	Cooper	Johnson
15	F	Walker	Landy
16	F	Kolten	Miller
17	F	Justin	Stetzler

Team E - Green			
#	POS	Name	
1	G	Conner	Hof
35	G	Max	Weilandt
2	D	Brady	Cleveland
3	D	Edwin	Liang
4	D	Zachary	Sharp
5	D	Andrew	Strathmann
6	D	Jut	Suter
7	D	Nathan	Williams
9	F	Blake	Bechen
10	F	Vincent	Boccardi
11	F	Sam	Carosello
12	F	Ameer	Hajji
13	F	Jaxson	Karandjeff
14	F	Jackson	Machon
15	F	Frank	Muscarello
16	F	William	Rotar
17	F	Austin	Tyler

Team F - Black			
#	POS	Name	
1	G	Jaden	Salado
35	G	Jack	Solomon
2	D	Jack	Gricus
3	D	Joseph	Hohl
4	D	Charlie	Krueger
5	D	Zachary	Lacasse
6	D	Colin	Ralph
7	D	Easton	Schmit
9	F	Jack	Bowe
10	F	Colin	Budd
11	F	Tristan	Caridei
12	F	Cooper	Eberhardt
13	F	Jacob	Jastrzebski
14	F	Jackson	Macejko
15	F	Lucas	Mast
16	F	Adam	Timm
17	F	Nicholas	Voss

Check-in Procedure

Sunday, June 16th: Players will check-in with their gear at the Ames/ISU Ice Arena from 2:00-4:00pm. From 3:00-5:00pm, players will check-in at the Maple-Willow-Larch Commons Conference Desk. Dinner will follow residence hall check-in at Conversations dining hall from 5:30-6:15 pm. From 7:00-8:00pm there will be an evening activity.

What to Bring

Below is a list of items we feel you will need while at camp.

Hockey/ Arena Equipment

- Skates
- 2 Hockey Sticks
- Shin Guards
- Hockey Socks
- Garter belt
- Cup
- Hockey Pants
- Shoulder Pads
- Elbow Pads
- Helmet
- Mask
- Mouthguard
- Gloves
- Tape
- Street Hockey Stick or extra stick
- Athletic Shorts & Shirts
- Athletic Shoes
- Shower Sandals

Dorm Supplies

- Blanket
- Sheets
- Pillow(s)
- Towel(s)
- Portable Fan – The dorms are not air-conditioned.
- Alarm Clock
- Snacks – No sunflower seeds in arena or dorms.
- Soap
- Shampoo
- Toothpaste
- Toothbrush
- Sunblock
- Extra Underwear and Socks
- Wi-Fi is available

You may bring other items that you feel will make your stay in the dorms more comfortable.

Directions

Ames is located at the intersection of I-35 and US-30 in central Iowa, approximately 30 miles north of Des Moines.

From Des Moines, IA to Ames/ISU Ice Arena:

Take I-35 N/Minneapolis to US-30 west. Take exit 111B to merge onto U.S. 30 W toward Ames/I-35 BUS W/Iowa State University. Take exit 146 toward Iowa State University. Merge on to University Blvd. Turn left onto Mortensen Pkwy. Continue onto Mortensen Rd. Turn left onto Gateway Hills Park Dr. Ames/ ISU Arena is on the right.

From the North to Ames/ISU Ice Arena:

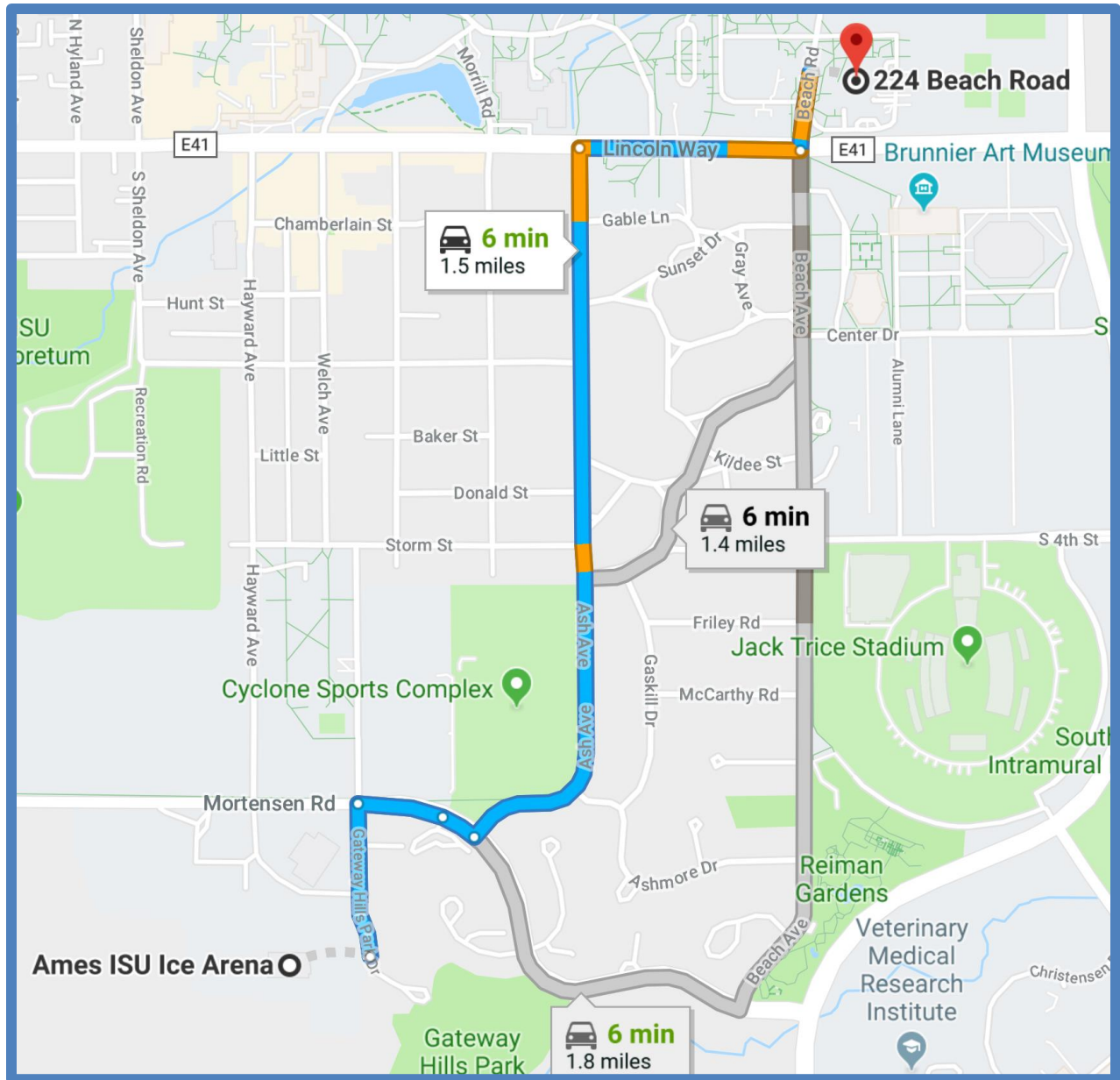
Take I-35 S towards Des Moines. Take exit 111B to merge onto U.S. 30 W toward Ames/I-35 BUS W/Iowa State University. Take exit 146 toward Iowa State University. Merge on to University Blvd. Turn left onto Mortensen Pkwy. Continue onto Mortensen Rd. Turn left onto Gateway Hills Park Dr. Ames/ ISU Arena is on the right.

Ames/ISU Ice Arena
1507 Gateway Hills Park Drive
Ames, Iowa
50010

Maple-Willow-Larch
Iowa State University
224 Beach Rd.
Ames, Iowa 50013

Directions/Map: Rink to Residence Hall

- Head north on Gateway Hills Park Dr toward Mortensen Rd – 0.2 mi
- Turn right onto Mortensen Rd – 0.1 mi
- Continue onto Mortensen Pkwy – 226 ft
- Turn left onto Ash Ave – 0.9 mi
- Turn right onto Lincoln Way – 0.3 mi
- Turn left onto Beach Rd – Destination will be on the right



Participant Rules and Regulations

1. Participants are required to attend all camp sessions and activities.
2. Appropriate clothing and shoes must be worn for all activities.
3. If leaving the residence hall or the activity site, except for meals or regularly scheduled school sessions, participants must check out with the hockey director, assistant director, or head team leader and must be accompanied by a parent, counselor, coach, or another staff member.
4. Everyone must be in their rooms and quiet at a time to be determined by the hockey director. There are no exceptions. The hockey director will also determine the time of wake-up calls.
5. Alcohol, drugs, tobacco, fireworks, or any other contraband will not be tolerated. Violations may result in the dismissal from camp and/or no refund of fees paid.
6. Participants are not allowed to switch rooms.
7. Participants will be charged \$135 for lost keys/keycards and charged accordingly for any damages to rooms. All charges must be paid in full before the participant is allowed to leave the camp.
8. Vandalism occurring in the residence halls or any other activity site may result in the dismissal from camp with no refund in fees paid. Participants will also be charged accordingly for any damages, and these must be paid in full before the participant is allowed to leave the camp.
9. Fire exits may only be used in emergencies. Remember that all permanent fixtures (exit signs, vending machines, fire alarms, and extinguishers, etc.) should be left alone. Persons tampering with any fixtures may be dismissed from the camp and/or no refund in fees paid.
10. School participants are not allowed to ride in or operate any unapproved camp motor vehicles, while in attendance.
11. Camp staff will be in the residence halls for rounds and bed checks each evening. If assistance is needed please direct questions to any staff member.
12. Consideration must be shown to all camp staff, dining hall personnel, other staff, and visitors.
13. Derogatory, offensive, and/or inappropriate language will not be tolerated and will result in the dismissal from camp with no refund of fees paid.
14. Verbal and/or physical harassment and discrimination will not be tolerated and will result in the dismissal from camp with no refund of fees paid.

